

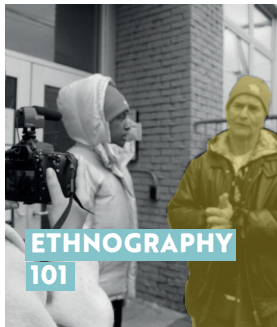
**IF YOU LIKE THIS EVENT,  
YOU MIGHT BE INTERESTED IN...**



**LIMIT-LESS**

If we want to disrupt the status quo, what kind of leadership is called for? What are our scripts, beliefs, and fears? Join us for a brown bag lunch and conversation. Stay or join us for a post-lunch reflective walk, where we'll contemplate when it is time to let go of old practices to make room for new ones. For leaders at all levels.

Wed, June 21, 2017  
LUNCH / 12:30-2pm  
WALK / 2pm-3:30pm  
by: Jennifer Charlesworth



**ETHNOGRAPHY  
101**

You can't get to new ideas without new insights. Spend a day learning how ethnographic methods lead to fresh insights. Find out how to pronounce the word, read & watch ethnographic stories, practice observing & listening, and get a taste of moving from insights to ideas.

Tuesday, June 20, 2017  
9:30am-4pm  
by Daniela Kraemer and  
Sarah Schulman



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# LEARNING BILL

June 19, 2017



**BEAUTY &  
SHAME WALK**

Data

Design

Humanities & Social science

Social Service Practice

Leadership

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# BEAUTY & SHAME WALK

**What makes a space or an interaction beautiful or shameful? Why does it matter? Come with us for a stroll as we look at and discuss the intersection between form, functionality and aesthetics.**

## LEARNING SESSION GOALS

1. Explore the ways in which spaces and human interactions influence user experiences
2. Increase participants' capacity for observation of space and human interaction
3. Support participants' capacity to discern the impact of space and interaction on client experience
4. Generate range of ideas to readily change a space or interaction within current context
5. Identify ways to measure the impact of (small) changes on user experiences and outcomes.

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## CAST



**dr Sarah Schulman**

Sociologist and InWithForward's social impact lead.



**dr Jennifer Charlesworth**

Systems innovator and InWithForward's Lead of Organizational Change.

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## SCENES

Scene I: Entrances  
Scene II: Assumptions  
Scene III: Learning Walk  
Scene IV: Applications

## KEY CONCEPTS, FRAMEWORKS, DEFINITIONS

**Shame:** a painful feeling of humiliation or distress caused by the consciousness of 'wrong' or 'deviant' behaviour.

**Worthiness:** respect, pride, confidence in one's self.

**Humiliation:** the abasement of pride, which creates mortification or leads to a state of being humbled or reduced to lowliness or submission.

**Positive Psychology:** A science of positive subjective experience, positive individual traits, and positive institutions that promises to improve quality of life and prevent the pathologies that arise when life is barren and meaningless (Seligman and Csikszentmihalyi, 2000).

## FURTHER FOOD FOR THOUGHT

Guilt, Shame, and Anxiety: Understanding and overcoming negative emotions  
by Peter Breggin

Design for the Real World: Human ecology and social change  
by Victor Papanek

## SOUNDTRACK

*Shame* - The Avett Brothers